



LFC Ikorodu **Digest**

FEBRUARY 2024

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KNOW

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THE NEWNESS
OF LIFE

KINGDOM STAR SPOT LIGHT

DIVINE OKORIE



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EDITOR'S NOTE

Dear Readers,

I welcome you to this month's issue of our church Newsletter! As we gather together in fellowship, we celebrate the joy of community, worship, and service. Our pages are filled with stories of faith, hope, and love—testimonies that inspire us to draw closer to God and one another.

In this edition, we explore the transformative power of God's love, share reflections on recent church events, and also bring to you insightful articles on mental health, fitness, and tech. Not to forget, we have for you an exclusive interview with our Assistant Resident Pastor, so I encourage you to brace up for a wonderful reading experience.

I pray that this Newsletter continues to be a source of encouragement, enlightenment, and connection for you. As you scroll through its pages, may your hearts be stirred to deeper devotion and greater compassion.

Thank you for being part of our Living Faith Church Ikorodu family. Together, we can make a difference in our community and beyond.

Blessings,
Adebayo Olupona



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KINGDOM STARS SPOTLIGHT

AN EXCLUSIVE INTERVIEW WITH THE ARP

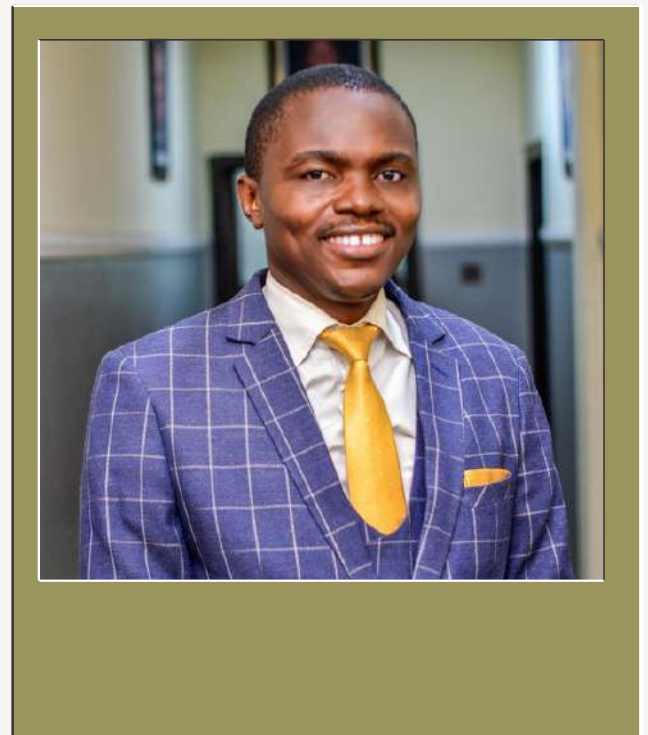
Can we meet you, Sir?

My name is Nnaemeka Divine Okorie.

University, the set of 2001 and I graduated in 2006 from the department of Microbiology.

What inspired you to become a minister?

Well, I wouldn't say I was inspired but rather, I was called by God, I was convinced. Inspiration has to do with what I want to do as a person rather, God called me and I discovered God's plan and purpose for my life. Personally, I wanted to be a businessman, a consultant and a lecturer but God's plan and purpose for me was different and for over a decade now I have never regretted answering the call to the glory of God. So, ministry was given and not inspired. Praise God!



We often hear you say “when I was in school” so we would like to know what school you attended and your course of study?

I attended Ebonyi State

How did you meet your wife?

God showed me my wife via an encounter while I was praying exactly in the month of April 2010 and by December 2011 I met her in

KINGDOM STARS SPOTLIGHT

AN EXCLUSIVE INTERVIEW WITH THE ARP continues...



Canaanland. In October 2013, we gloriously got married. As I said earlier, when I saw her, she looked exactly like the picture God showed to me. Even though it wasn't the kind of complexion I wanted, immediately I saw her, my spirit man confirmed that she is the one. We met that particular year, in 2012 I proposed to her and in 2013 October 12th to be precise we got married and we have been together for a decade now. Praise God.

What are the pointers to look out for in choosing a spouse?

For me I will say you should look out for the following; Someone with a similar vision with you; someone going where you are going in life. Someone that has something to offer to you in life. Not someone that will be a liability but someone that will be an asset to you. You are not to marry out of sympathy or empathy because you can't change anyone. You are not the

one that created the person so it is only God that can change the person. Someone who speaks the language you understand mentally, socially, spiritually, biologically and physically. A person who is ready to say goodbye to singleness and loneliness.

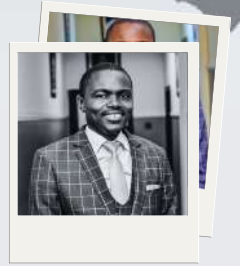
How do you balance between Family and Ministry?

Firstly, it needs to be established clearly that a family is a group of people living together, encompasses parents and children and it is an assignment instituted by God while ministry is given to us by God - Colossians 4 vs 17, so the two must be well defined and well known. Taking cognizance of how well the family is will determine how the ministry will be. So I try as much as possible to create time for my family and also



KINGDOM STARS SPOTLIGHT

AN EXCLUSIVE INTERVIEW WITH THE ARP continues...



the ministry daily. I make sure every moment spent with my Family is fun-filled and packed with virtuous experiences that will not be lacking so when I am out for ministry, there won't be any vacuum left behind. Every member of my family knows that I am a minister of God and understands the demands that come from it so they can help to support me at all costs.

Who is your role model and how should one choose a role model?

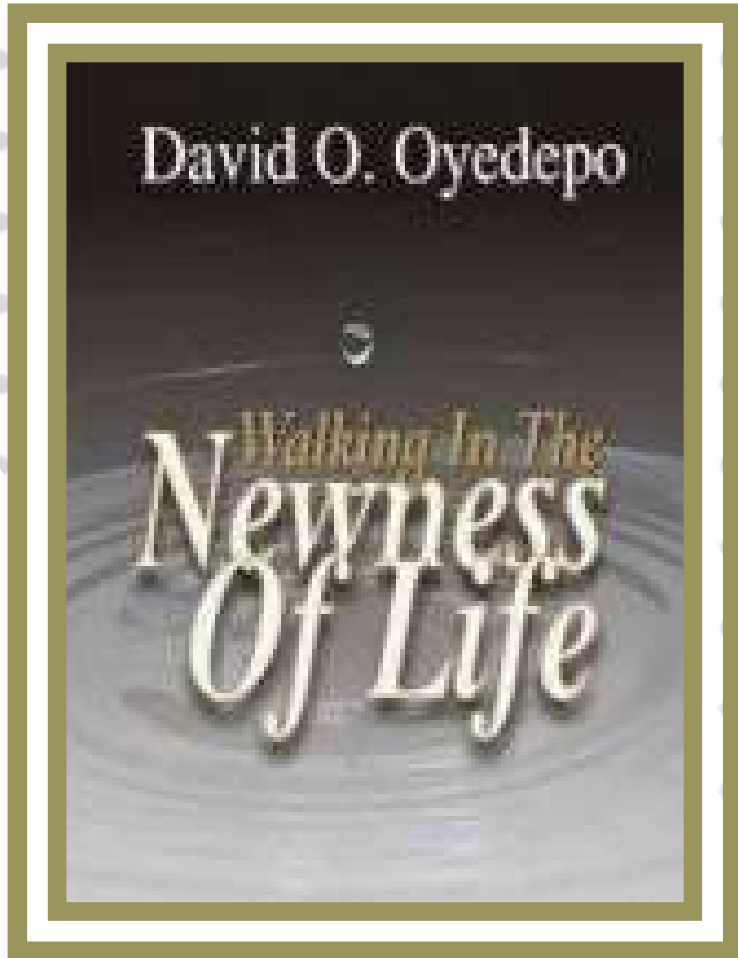
Papa David Abioye, the first vice President of Living Faith Church Worldwide is my role model. In choosing a role model, you choose a man or a woman who is already where you want or desire to be. You should look out for someone who is carrying what you are looking for, someone appearing or looking like what you want to be. Someone that is successful in the area of the field you find yourself. Someone with the

answers you are looking for. Someone who is victorious and has conquered the area you find yourself. These are the perfect things you need to look out for when choosing a role model.

We are in the season of Love (Valentine's), what does Love mean to you?

Well, to me Love is living like God because God is Love. Thinking more of others and less of self. Where self stops is where Love begins and where self steps in is where Love begins to die. If you are like God, then you will be thinking more of others and less of yourself because Love is doing for others what you want them to do for you. Love is simply obeying God, sharing the attributes of God and Godliness with others. Love has to do with others in a nutshell. Thank you.

REVIEW
BOOK
WALKING



**WALKING IN THE
NEWNESS OF LIFE**

**BY BISHOP DAVID
OYEDEPO**

**REVIEWED BY
SEBASTINE SYLVIA B.**

WALKING IN THE NEWNESS OF LIFE

BY BISHOP DAVID OYEDEPO

Living a new life in Christ is a reality!

The Bible says in 2 Corinthians 5:17 "Therefore if any man is in Christ, he is a new creature; old things are passed away; behold all things are become new"

No matter what the story of your life has been, I want you to know that you can walk and live in the newness of life!

In this book, "Walking in the Newness of Life" our Father in the Lord, Bishop David Oyedepo explained in detail how to walk and live in the newness of life.

1.THE HORRORS OF SIN

All unrighteousness is sin. Whatever is not right is wrong. Sin brings reproach, erodes honour, terminates dignity, cuts down and brings down.

Sin is at the root of every evil because before sin came there was no evil. At the root of every disease and frustration is sin. "The soul that sinneth it shall die" (Ezekiel 18:20)

THE NATURE OF SIN IS IN 3 DIMENSIONS

- a. It is deceptive (Heb 3:13)
- b. It offers temporal pleasure (Heb 11:25)
- C. It is destructive (Prov.11:3)

SOME HORRORS OF SIN

1. **Shame:** SIN is a barrier to honour in anybody's life, whether white or black,

literate or illiterate, young or old. No matter who you are, sin will never allow you to see honour. Wherever sin reigns, shame reigns. Wherever sin reigns, reproach reigns. Wherever sin reigns, men have no future.

Sin will strip any man naked of all honour, dignity, and glory.

2. Destruction: Do you know that sin is at the root of every trouble and calamity of man? There were no calamities before sin came, there were no sickness nor accident. Before sin came, man was secure - divine presence was his covering. He was heavily and gorgeously dressed but sin robbed him of all glory and he started wearing leaves for clothing.

As soon as sin came, all manner of calamities followed because, "whoso despised the word shall be destroyed"(Prov.13:13).

3. Sickness, Disease and Affliction: Every disease has its root in sin. There was no sickness before sin came. God made provisions for everything in the garden of Eden except for healing because man was not created to be sick. But by one man, sin came and brought death and everything that leads to death.

4. Absence of peace: When Israel departed from God and began to do whatever she wanted, the Bible says that peace departed from her. "Now

WALKING IN THE NEWNESS OF LIFE

BY BISHOP DAVID OYEDEPO

for a long season, Israel had been without the true God, a teaching priest, and law. And in those times there was no peace to him that went out, nor to him that came in, but great vexations were upon all the inhabitants of the countries. And nation was destroyed of nation, and city of city: for God did vex them with all adversity” (2 Chron.15:3,5-6)

AGENTS OF SIN

1. Immorality
2. Financial Corruption
3. Rebellion

1. Immorality: SIN is not just sin, it is in grades and categories. When Israel left Egypt and journeyed to the promised land, the highest number of people slain was through sexual Immorality. Sexual Immortality is a very powerful weapon of the enemy with which he has destroyed several glorious destinies. Yours won't be one of them, in Jesus' name!

2. Financial corruption: Another trap of the devil in this end-time is that which claimed the second highest number of lives. The sin of financial corruption. The love of money is the root of all evil and as long as the root is still in place, the tree will keep bearing fruit. Until the root is destroyed, there is still hope for the tree. The love of money is the root and covetousness is what gives it expression.

3.Rebellion: This is another sin that claimed the third largest number of souls in church in the wilderness. It claimed an entire household. Rebellion is a deliberate reaction against order targeted at leadership at all levels in the church of God.

Rebellion is risky. Don't expect to survive if you reject God's order. To wish leadership Evil is a mental disorder as heaven is a city of order. Rebellion is a costly poison. Don't take it. Peace never reigns in any home where divine order is not accepted. Leadership offers direction, it doesn't receive direction from the led. That is why leadership must strive at all levels to hear from God before offering direction to people.

Rebellion is Demonic: Do you know that Absalom rejoiced when Ahithophel (David's former adviser) gave him counsel on how to kill his father. Absalom was the most loved of David's sons though he was destined for the throne, he lost his destiny to rebellion.

Rebellion is a dangerous trap. It traps people without their knowing. Rebellion always ends one in shame and reproach by the judgment of God that says "Thou shalt not suffer a witch to live. (Ex.22:18)

WALKING IN THE NEWNESS OF LIFE

BY BISHOP DAVID OYEDEPO

YOU CAN DISARM SIN

At the root of every human calamity is sin. Until the root of sin is destroyed, the tree will keep bearing fruit. Destroy the root and you've killed the tree. In the tree of righteousness, man is the determining factor and not the devil. I want you to know that you can disarm sin. Let me show you how.

1. New birth: New birth is the beginning of the adventure into holiness.

2. Sit down and think: Another treatment for sin is to sit down and think. If only anyone struggling with sin would do this, then the sin problem will be more than half solved.

3. Command it to enter no more: After casting off sin and all forms of evil from your life, exercise yourself even further by commanding it to enter no more otherwise you keep battling with sin and your latter state might be worse than your former.

4. Put off: You can put off unrighteousness just the same way you put off your clothes.

5. Put on: After you have put off your unrighteousness you need to put on righteousness.

6. Lay aside: You can also lay aside the spirit of bondage, the spirit of whoredom, the lying spirit, etc.

7. Mortify: To mortify means to destroy. You can destroy fornication, you can destroy lasciviousness, you can destroy envy, and all the likes.

8. Purge yourself: Who is to keep himself? You! You must accept the responsibility. Who keeps himself? You! The ball is in your court. Accepting personal responsibility is what establishes a man's dignity and victory over sin.

9. Go for light: Another very effective way to disarm sin is to go for light – the word of God.

TOOLS TO APPLY IN WINNING THE WAR AGAINST SIN

1. The holy spirit
2. A genuine thirst
3. Walk in the spirit
4. Ask for Him
5. Pray in tongues
6. Cry "Abba Father"
7. Engage the blood weapon
8. The power of your will
9. The power of choice
10. Strength in the inner man.
11. Keep the right Company
12. Take an oath for purity
13. Beware of ungodly brethren.

CONCLUSION

In conclusion, I'd like you to be sensitive in the spirit and start taking steps in the direction of the things you have encountered in this book. All that you have read is not for another person but for you because it is your hour of visitation.

It's time to slay sin before it slays you. To continue in sin is dangerous. Do not toy with it. The beauty of salvation is righteousness, so be determined for a stainless Christian walk and see God match your resolve with stainless glory.

It's time to arise and walk in the newness of life! The world is waiting for you!

NO GREATER LOVE

BY OMOTOLA JACOB



I have been trying to think of the best topic for this piece but none was coming to mind. I mean, the theme above has been used to describe love in different dimensions, movies, articles, books, and romantic pieces. I could go on and on about this choice of topic but one thing was relatable with our intentions for this choice of topic, which is the awareness of humans' quest to find love. Humans are generally attracted to anything and everything that exudes love, emotion, attraction, and feeling.

There was just one love we didn't relate to, one we didn't want to associate with, one we assumed to be extra sacrificial, one we think is too much for a price and that is the love I'm talking about. This love was given to us freely. We all love freebies, but it is funny how we tend to push the least expensive love aside to pursue the costly -

ones. I mean someone died for us to find eternal redemption. Which kind of love is ever greater?

A huge category of humans will fight for those who fight for them and walk with those who choose to agree with them. I mean, no two people can walk together unless they agree, right? This person already chose you and me. He decided to fight for us, loved us before our very existence, showed us His path and all we had to do was just believe. Is that too much of a love to reciprocate? I don't know about you but this is the best love I could find. It is far above human love and limitations, too good to be true and too beautiful to a fault.

His name is Jesus, our very first lover, redeemer, savior, and friend. Jesus! Now what have you done to reciprocate the greatest love ever told?

or speak up in the presence of many people for fear of being judged or misunderstood. It can however be divided into three major groups which are mild social anxiety, moderate social anxiety and extreme social anxiety. These major groups are explained below:

Mild Social Anxiety: People found in this category can still manage social situations even if they may be familiar with physical and psychological symptoms of social anxiety which are dizziness, blankness of mind, stomach upset and blushing.

Moderate social anxiety: This person is found in fewer social functions than others. The person experiences more social anxiety than the mild group. They may attend gatherings with fewer participants than those of the mild.

Extreme Social Anxiety: These groups of people steer far away from all social gatherings at all costs. They even experience extreme socio-phobic situations such as panic attacks and frequent vomiting at social events. They feel the majority of socio-phobic symptoms. However, these groups of social anxiety disorders deserve every form of remedy, no matter the degree to which it is felt. As stated earlier, the symptoms of social anxiety disorder are divided into two which are the physical and the psychological symptoms.

Examples of these disorders are listed below:

Physical social anxiety disorder: This is a result of the involuntary response of the body concerning the disorder felt by the person. It is however dependent on the group to which this disorder is felt by the recipient. The symptoms are seen below:

- The muscles become rigid and are unable to move
- The underarms and face begin to sweat enormously
- It becomes almost impossible for the person to swallow anything
- Frequent blushing or redness of the face
- The person begins to use the toilet more frequently than normal.

Psychological social anxiety disorder: These are extreme disorder conditions which if left untreated could cause extreme depression and mental incapacitation. This also has severe implications for their social life and everything surrounding them. They are patterned after the following results which include:

- Excessive and unnecessary anguish during outdoor gatherings
- Inability to look directly into the eyes of people
- Unhealthy thoughts about themselves
- Unnecessary fear of being the center of attraction around gatherings
- Feeling of absolute detachment and alienation amid events and occasions

PSYCHOLOGICAL VEIL BEHIND SOCIAL-PHOBIA

In the real sense, everyone is found in this box one way or another, and the secret lies in what people call 'masking'. This idea is to mask the innermost fears, insecurities, and doubts in a way that most people become unaware of. A lot of people immerse these insecurities in how they appear. These people invest so much in their outlook that they always make sure to emerge best-dressed almost in every event they appear, even if no competition is involved. Don't get me wrong, looking good is a mandate for everyone but when self-confidence is lost at the sight of a better fashion sense, it could become very unhealthy. So, if you find yourself getting worked up at the sight of a better fashion sense or statement, you could have a social phobia. Others hide behind their wins and successes in different areas of specialization. These are the categories of people who ensure that they emerge winners in their chosen field. They delight in always winning, and anything short of that makes them lose their relevance. They feel defeated, hurt, and sometimes timid at the sight of losing to another person. We cannot always win because time and chances happen. Furthermore, others surround themselves with love, especially romantic ones. These people lose their identity when there is no one around to

motivate them or see some good in them. They forget to love themselves as much as they love others but choose to love others more than themselves. They will do anything and everything to keep that person or such people, for their stability to be intact. Unfortunately, people like that lose it all when the affection they hold in high esteem falls short.

Now that we know that we are not the only ones feeling socio-phobic, we need to move on to the next phase. Nevertheless, lots of people believe that social phobia is only a predicament for introverts. I dare say that an estimated 12.1% of adults residing in the United States are prone to experience social anxiety disorder at some time in their lives. In this case, anyone can feel socio-phobic depending on the time and past a person happens to find themselves in.

REASONS FOR SOCIAL ANXIETY

Social anxiety is a broad field of study. However, no child is born with social phobia characteristics. They are formed basically from life occurrences as the victim experiences various developments in their life span.

The reasons for social anxiety can be seen below:

TRAUMA: Trauma can be seen as an upsetting or scary occurrence that is usually way out of the victim's control making it difficult for the victim to cope with other life situations. Although traumatic experience is usually limited to the early stages of mankind because of how formidable they are in affecting

a person's life span, it is important to know that traumas can be experienced by anyone at any stage of life. Traumatic experiences can be divided into three main types which are.

- **Acute Trauma:** This could be an outcome of a particular terrible occurrence sufficient to place a scar throughout the person's life span creating a lasting impression. They can be sexual harassment, accidents, or even physical assaults. The victim may be unable to sleep, unable to focus on personal activities such as work and he or she may be unable to trust any other individual.

- **Chronic trauma:** This category of trauma includes symptoms of undue outbursts or anger issues. Such a person feels lethargic in various aspects of life accompanied by frequent flashbacks of the event. This type of trauma usually occurs more than once and may last for a long time. They may be caused by chronic health challenges, war occurrences and domestic abuse.

- **Complex trauma:** This traumatic experience can be an overwhelming season of various traumatic experiences felt by a victim. The person experiences severe depression from repetitive occurrences of those traumatic symptoms explained earlier. It influences the victim's relationships, career, health, and every other thing related to the person. It may be very hard to bring such people out of this condition as the person could remain scarred for life. Other reasons for social anxiety may include terrible child upbringing and substance use disorder.

REMEDIES FOR SOCIAL ANXIETY

Regardless of the extent to which a person has social-phobic disorder, visiting a mental specialist will go a long way in finding appropriate solutions for the victim. I must conclude that nothing good comes easy, but the efforts channeled into making a better person make it worth the wait. Social anxiety is felt by most people, but cautiously finding personal balance, showing up every single time, and appreciating your wins and losses is a good way to start.



HEALTHY

Lifestyle



FASTING FOR WEIGHT LOSS

By David Chidinma

What if I told you that you can fast your way out of that excess body fat? Surprised? Maybe you'd be more surprised if I told you it is pretty easy and not as complicated as you may be thinking now. The magic lies in just two words: Intermittent Fasting.

Studies have proven beyond doubt that a consistent follow-through of this type of fasting, along with consistent exercise, can help you burn body/belly fat, and give you that dream body you so desire. So buckle your seat belts as I take you on a jolly ride through the magic of Intermittent Fasting.

WHAT IS INTERMITTENT FASTING (I.F)?

To keep it simple, I.F is scheduling your meal timing in such a way that you can conveniently maintain a healthy caloric deficit, thereby making it possible and easier for your body to burn off excess fat.

There are three types of Intermittent fasting:

1. Alternate day fasting
2. Periodic fasting
3. Time-restricted fasting.

However, the one we will be focusing on today is 'Time-restricted Fasting'.

This is where you are allowed to eat whatever you want for a particular period of the day, and then eat nothing throughout the rest of the day. Experts recommend a 16:8 window, which simply translates to eating any kind of healthy food you want for 8 hours of the day, then staying away from food for the remaining 16 hours of the day. This means that if you start eating by 8 am, you must eat all your meals between 8 am and 4 pm. And if you start by 10 am, you eat your last meal of the day by 6 pm.

Don't panic now, it's easier than it sounds if you follow the below tips:

❖ **EAT HIGH-FIBRE FOODS:** foods like beans, nuts, brown rice, cocoyams, etc would fill you up for longer, making you less hungry throughout your 16-hour fasting window. High-protein foods like eggs, fish, and lean meats would also do you a lot of good.

❖ **THREE-HOUR SCHEDULE:** break your meals into a three-hour schedule. This means you would be having three to four healthy meals during your 8-hour eating window. Timing yourself is of the essence here. You can even set a reminder on your phone or smartwatch so you don't forget.

❖ **DRINK LOTS OF WATER:** people tend to think they are hungry when in reality, all they need is some water. So, if you feel the urge to eat something in between your 3-hour schedules, then I would strongly suggest you go for water. Besides, water also detoxifies the body and keeps us hydrated.

❖ **EXERCISE BEFORE YOU EAT:**

exercises make us hungry, and it would only be wise to exercise first, before taking your meals. This would also give your heart a good pump and get your metabolism ready for any incoming food.

❖ **END WITH CINNAMON:** a glass of warm cinnamon water after your last meal for the day, is one of the best methods to keep hunger at bay for the remainder of the day. Cinnamon greatly speeds up the body's metabolism and keeps the feeling of hunger at bay, thereby making it easier for you to keep to your fasting plan.

A recent study in the U.S. found that obese people who followed this 16:8 intermittent fasting plan for three consecutive months modestly lost weight and had their blood pressure lowered without feeling hungry or deprived.

However, this intermittent fasting completely excludes pregnant women and people with type 1 diabetes and you should first consult with your Doctor before embarking on this type of fasting.

I remain your favorite fitness coach, Chee Fitness. And remember, whatever you do, keep on keeping on.

Future- Focused Faith: 5 Tech Skills for Kingdom Citizens in the Digital Age

By
**Emmanuel
AnuOluwatomiwa**






Gone are the days when Christianity was perceived as a faith solely concerned with heavenly matters and detached from the challenges of the world. As ambassadors of God in various spheres of life, we are called to be actively engaged in the world and make meaningful contributions. As responsible kingdom citizens, ignoring future-focused fields (3Fs) - fields with future-proof potential, fulfilling work, and financial viability - would be a disservice to ourselves and our communities.

The landscape of work is rapidly evolving, with automation and AI projected to displace millions of jobs in the next 5-10 years.

Data security analysts, manual laborers in manufacturing, and data entry clerks are just a few examples of roles facing potential extinction. Is it not surprising how fast-rising Fintechs such as Opay are fast-choking life out of traditional banks? While the future may seem uncertain one constant remains: our mandate as God's children is to "occupy till He comes" (Luke 19:13).

So how can we as believers equip ourselves for this evolving world and remain relevant contributors in the last days? By investing in skills that will not only provide fulfillment and financial stability but also allow us to make meaningful contributions to the world around us.





■ Here are 5 promising tech skills you can consider:

01

Artificial Intelligence (AI) and Machine Learning (ML):

These fields are the driving force behind the digital revolution with applications in healthcare, finance, and business analytics. Learning the fundamentals of AI/ML opens doors to creating solutions for real-world problems like disease diagnosis, fraud detection and personalized learning.

02

Cyber Security: With our increasing reliance on digital data, the demand for skilled cybersecurity professionals is booming. Developing expertise in data protection, threat analysis, and vulnerability assessment empowers you to safeguard essential information and build trust in our increasingly digital world.

03

Cloud Computing: As businesses migrate to the cloud, professionals who understand cloud infrastructure, data storage and applications are becoming highly sought-after. Equipping yourself with cloud computing skills opens doors to exciting opportunities in various industries from software development to data management.

04

Coding and Programming: Knowing how to code, the language of computers gives you the power to build websites, create mobile apps and automate tasks. Mastering coding skills not only equips you for future-proof jobs but also empowers you to express your creativity and solve problems through technology.

05

Digital Marketing and Content Creation: With consumers spending more time online, the ability to craft compelling content and navigate the digital marketing landscape is invaluable. Sharpening your skills in social media marketing, search engine optimization (SEO) and content creation positions you to connect with audiences and tell stories that matter.

Investing in these future-focused skills is not just about career advancement, it is about fulfilling our calling as God's ambassadors in the digital age. By equipping ourselves with knowledge and expertise, we would not only secure our own future but also make meaningful contributions to society, shaping the world around us into a reflection of God's kingdom. Remember, in a world increasingly driven by technology, our tech-savvy faith can shine the light of Christ brighter than ever before.

So, let us not just be heavenly conscious but also earthly relevant, embracing the 3Fs and stepping into our roles as kingdom citizens equipped for the digital age. Together, we can occupy till He comes, leaving a legacy of faith and innovation that resonates through generations. Let us embrace the opportunities that technology affords us and strive to be relevant and impactful in the last days.

Should you need help in deciding, reach out to me at the Publicity Unit stand.

YAF

Corner

NEWS FROM YOUTH ALIVE
FELLOWSHIP IKORODU

FEATURES

- Prayer walk
- Awakening -
Relationships &
Marriage Seminar



RISING GIANTS!!

Beyond Butterflies

BY **OLAPEJU KOMOLAFE
& VICTOR IFEGWU**

There are a lot of good feelings out there: taking the first bite of a hot slice of pizza, or climbing into a freshly-made bed after a long, seemingly endless day. But no feel-good feeling beats the butterflies you get at the beginning of a new romantic relationship.

In a world consumed by superficial emotions, fleeting desires, and societal pressure, it's easy to lose sight of the true essence of love and authentic connections can seem like a rare commodity.

Entering into a relationship is a big deal and as a result, there are some things to take account of before taking the next big move. As we are in the love month, it is expedient that we build a solid foundation in our love /relationship life which helps us create emotional connection, and strengthen and enjoy progress in our relationship.

Before committing to a relationship these questions must be asked, discussed, and communicated between you and your significant other:

INITIAL ATTRACTIONS:

Females: What qualities initially caught your attention in me?

Males: What qualities convinced you of my intentions about you?

EXTERNAL ATTRACTIONS (BOTH):

If tomorrow you meet someone with qualities you admire, what will you do?

- How will you handle attraction from others towards you? Will you expect that I tell you of every one of them?

FAITH (BOTH):

- Would you describe yourself as a spiritual person? Who is God to you?

- What attracted you to your current denomination and what are their basic doctrines/teachings?

PERSONAL GOALS:

- What personal goals or benchmarks must you achieve before marriage?
- What happens if within this period we expect this relationship to last and you are yet to achieve them?

AUTHORITY FIGURES:

- Who are the authority figures (mentors, advisors, Pastors) in your life?
- Do they have a say over your choice of partner?

PAST LOVE RELATIONSHIPS:

- Have you been in a previous love relationship, if yes, How long did it last? And who initiated the breakup and why?
- Are you still friends with your EX?
- What are some experiences in your past relationship you would like us to avoid or replicate in ours?

FINANCES:

- Are you comfortable with us discussing our finances (Income, savings, expenses, Investments) during the course of our love relationship?
- What's your view and take on having Joint accounts at any point of our relationship?

PURITY/PHYSICAL INTIMACY:

- What's your view on Sex and would you consider we have it at any point of our relationship?
- What boundaries/ limits should we put in love to avoid engaging in physical intimacy in the course of our relationship?

COMMUNICATION:

- What is your view on communication while in a relationship?
- How would you prefer we communicate and how often will you suggest we do?
- What is your love l

PUBLIC /PRIVATE:

- Would you prefer our relationship to be public or private?
- If Private:
 - Are there people that should know about us or just the two of us? Can we be found together in public places?
 - Can I post about you on socials on your special occasion?

Being genuinely curious and having honest conversations is a way to set up a relationship for success. These conversations have ignited the conviction from a physical and emotional

perspective, the YOUTH ALIVE FELLOWSHIP IKORODU held a program tagged “AWAKENING” on the 18th of February, 2024 which we glean through the journey of relationships from a Spiritual lens and perspective.

EVENT REPORT

— By **Adebayo Olupona**

On the 18th of February, the youth held their marriage and relationship seminar for the year which was titled “**The Awakening**”. The program kicked off immediately after the second service and had many in attendance. To start off the event, individuals were invited on stage to participate in some Ice Breaker games afterwards our guest speaker, the Special Mission Overseer in person of Pastor Adeolu Adewumi who was accompanied by his wife came on, to give us a brief teaching on the topic “The Awakening”. Finally, we had a questions and answers session before the seminar came to an end.

See pictures in the next page



Marriage & Relationship Seminar **The Awakening** YOUTH *Alive* Fellowship Ikonn

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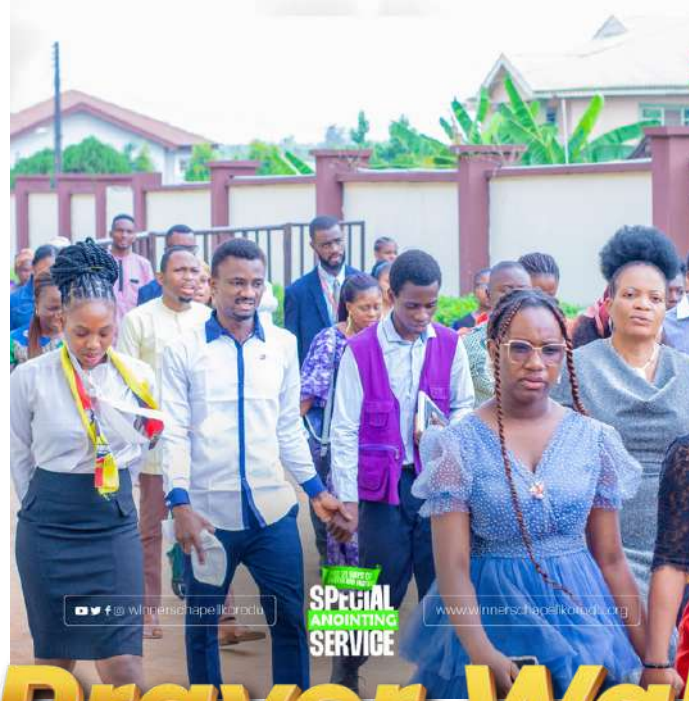
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Prayer Walk



Winners' Style







A close-up photograph of several cupcakes. The cupcakes are decorated with smooth, light pink frosting. Some have small, heart-shaped decorations on top, including white and pink hearts. The background is softly blurred, showing more cupcakes. A teal banner is overlaid on the top portion of the image, containing the title and a quote.

March Birthday Celebrants

So teach us to number our days that we may get a heart of wisdom.
Psalm 90:12

March Birthday Celebrants

- **OGUNYEMI OLABISI** - 1 MARCH - PROTOCOL
- **OGIGAI CHIMA UTOMI** - 1 MARCH - TECHNICAL
- **EKOMOBONG NELSON VICTOR** - 2 MARCH - PUBLICITY
- **ANGELA EROMEISE** - 3 MARCH - NONE
- **GLORY OKON DAN** - 3 MARCH - TECHNICAL
- **CHIMSUNUM MARGARET ELOHI** - 3 MARCH - SECURITY
- **OWOICHO SUNDAY** - 3 MARCH - SECURITY
- **OBIBI GLORIA CHIGOZIE** - 3 MARCH - PARK AND GARDEN
- **GLORY DAN LUCY** - 3 MARCH - PROTOCOL
- **ESTHER OLULEYE** - 4 MARCH - NONE
- **ELIZABETH OLAGUNJU IYABO** - 4 MARCH - PROTOCOL
- **GEORGINA UGBEH NWABUIFE** - 4 MARCH - SANCTUARY
- **IBUKUN ADENIYI** - 4 MARCH - PUBLICITY
- **GIDEON EMMANUEL** - 4 MARCH - USHERING
- **FRIDAY JAMES** - 4 MARCH - TECHNICAL
- **BALOGUN OLUREMI BAMIDELE** - 4 MARCH - HOSPITALITY
- **ADESHINA OYINDAMOLA OLAMIDE** - 5 MARCH - TEENS CHURCH
- **NENE UFOMBA CHINEDU** - 6 MARCH - CHOIR
- **DANIEL ANIFOWOSE INIOLUWA** - 7 MARCH - TECHNICAL
- **TAJUDEEN ENIOLA ESTHER** - 7 MARCH - SANCTUARY
- **OGHENERUNO UTUYORUME** - 8 MARCH - NONE
- **AKINLUYI BOLUWATIFE IFEDAPO** - 8 MARCH - GILEAD
- **OLUWASEUN ADEDOKUN ADETAYO** - 9 MARCH - INTERPRETERS UNIT
- **PAUL JOHN FRIDAY** - 10 MARCH - NONE
- **JONAH MARY ELLA** - 10 MARCH - SANCTUARY
- **ASIKADI DEBORAH** - 10 MARCH - CHILDREN DEPT
- **ELISHA UCHECHUKWU** - 10 MARCH - CCU
- **ABEKI DAVID OYINDINEPERE** - 10 MARCH - CCU
- **GODSTIME OSAZUWA** - 10 MARCH - PUBLICITY
- **VINCENT MAKU** - 10 MARCH - TEENS CHURCH
- **DAVID ABEKI OYINDINEPERE** - 10 MARCH - CCU
- **UKEKA ADEKEMI SIDIKAT** - 10 MARCH - TEENS CHURCH
- **ADEMIJU IGE OMOTOKE** - 11 MARCH - TECHNICAL
- **OLUWAYOMI OLUWASINA JACOB** - 11 MARCH - NONE
- **JOSEPH OGANGWU** - 12 MARCH - NONE
- **SPECIAL AZIKIWE** - 12 MARCH - TRANSPORT
- **OGUNMOSULE SANDRA** - 12 MARCH - SANCTUARY
- **ELIZABETH WODO UCHECI** - 12 MARCH - TECHNICAL
- **EMMANUEL PRECIOUS CHIDINDU** - 12 MARCH - SECURITY
- **CAROLYN IBE-NEME** - 12 MARCH - SANCTUARY

- **JACOB BUKONLA JUMOKE** - 13 MARCH - PROTOCOL
- **IMOUDUMHE OSIGWE SOLOMON** - 13 MARCH - SECURITY
- **MBUOTIDEM JAPHET UFOT** - 13 MARCH - SECURITY
- **ADEOTAN DESTINY AYOMIDE** - 13 MARCH - SECURITY
- **JACOB BUKONLA JUMOKE** - 13 MARCH - PROTOCOL
- **OMOULEME BLESSING PRECIOUS** - 13 MARCH - PROTOCOL
- **OMOKEHINDE ADEBAYO OLUFUNKE** - 13 MARCH - SANCTUARY
- **GEORGE CHIKA GLORIA** - 13 MARCH - HOSPITALITY
- **TESTIMONY OGUNYOMI** - 14 MARCH - NONE
- **SHARON OKONOFUA** - 14 MARCH - HOSPITALITY
- **UMOKD JEREMIAH CHINAZAEKPERE** - 14 MARCH - USHERING
- **BOLARINILOA OMOTAYO** - 14 MARCH - USHERING
- **JEREMIAH UMOKE CHINAZAEKPERE** - 14 MARCH - USHERING
- **OLUWASHINDARA OLOWOYE VICTORIA** - 15 MARCH - NONE
- **OGUNDIPE VICTOR ADELEKE** - 15 MARCH - FOUNDATION CLASS
- **OLONI COMFORT** - 16 MARCH - PROTOCOL
- **MODUPE OJO** - 16 MARCH - PUBLICITY
- **ANDREW ABRAHAM** - 16 MARCH - EVANGELISM SQUAD
- **EFUA FIDELIS OTUOMOAJIE** - 16 MARCH - PROTOCOL
- **DIVINE OLAMIDAYO OSEMEDE** - 16 MARCH - TEENS CHURCH
- **OWOLABI OLOWU LUCKY** - 16 MARCH - TRAFFIC
- **OLORUNTOBA ALAWODE PHILLIP** - 17 MARCH - NONE
- **TEMITOPE DAVIES EDITH** - 17 MARCH - TECHNICAL
- **ADEBOYEJO TAWAKALITU YEWANDE** - 17 MARCH - PROTOCOL
- **CHIOMA EZE** - 18 MARCH - NONE
- **ONASANYA ADEYEMI ADEYINKA** - 18 MARCH - CHILDREN DEPT
- **OKUIOLA ENOCH OLAKUNLE** - 18 MARCH - CCU
- **OKUNOLA OLAKUNLE** - 18 MARCH - CCU
- **OLADUPO AGUDA** - 19 MARCH - NONE
- **OTUYALO AKINSANYA** - 19 MARCH - GILEAD
- **TITILAYO ADEDARA OLAKITAN** - 19 MARCH - TECHNICAL
- **FOLASHADE OJOMU** - 19 MARCH - CCU
- **ADEADARA OLAKITAN TITILAYO** - 19 MARCH - NONE
- **OLAGOKE OLAOBAJU OLUDARE** - 19 MARCH - CHOIR
- **BAMBOSE PATRICK** - 20 MARCH - PUBLICITY
- **ENYI PETER ODE** - 20 MARCH - NONE
- **ADOGNON DORATHY** - 20 MARCH - SANCTUARY
- **STELLA OLURANTI** - 20 MARCH - SANCTUARY
- **BAMBOSE PATRICK** - 20 MARCH - PUBLICITY
- **ABRAHAM. EKUNOLA KOLAWOLE** - 21 MARCH - PASTORS
- **DESTINY ADEOTAN AYOMIDE** - 21 MARCH - SECURITY
- **AGADA SULE DANIEL** - 22 MARCH - SANCTUARY
- **KEHINDE DAVID DAMILARE** - 22 MARCH - CHILDREN DEPT
- **AJAYI OLURONKE ADEJOKE** - 22 MARCH - SANCTUARY
- **AJAYI OLURONKE ADEJOKE** - 22 MARCH - TECHNICAL
- **TOYIN JEGEDE SEYI** - 22 MARCH - SECURITY
- **TOYIN FALEYE SEYI** - 22 MARCH - SECURITY
- **VICTORIA BALOGUN BOSEDE** - 22 MARCH - ELDERS COUNCIL



- **OREOLUWA ADETIWA ESTHER** - 22 MARCH - TEENS CHURCH
- **UTI FRIDAY ISUSU** - 22 MARCH - HOSPITALITY
- **EMMANUEL NWANKWO** - 23 MARCH - NONE
- **EUNICE AJAYI OYINDAMOLA** - 23 MARCH - PROTOCOL
- **PETER JOSEPH CLETUS** - 23 MARCH - SECURITY
- **FAWIBE BOSEDE JANET** - 23 MARCH - DECORATION
- **BAMBOSE OROPO TAOFE EK** - 23 MARCH - NONE
- **TAJUDEEN A. OLUWATIMILEYIN** - 23 MARCH - USHERING
- **ADEWUMI OMOSEHIN-OGUNTIMEHIN IBIYEMI** - 23 MARCH - CHILDREN DEPT
- **EUNICE AJAYI OYINDAMOLA** - 23 MARCH - PROTOCOL
- **ITOHO-OWO FRANCIS MICHAEL** - 23 MARCH - DECORATION
- **IJEOMA NWAFOR COMFORT** - 24 MARCH - SANCTUARY
- **EBUZOME FRIDAY** - 24 MARCH - NONE
- **PAUL DEBORAH** - 24 MARCH - CHOIR
- **ODUTAN ADEDEJI** - 24 MARCH - FOLLOW UP
- **SUCCESS FATERU DOLAPO** - 24 MARCH - NONE
- **ELIZABETH ANIFOWOSE IREOLUWA** - 24 MARCH - NONE
- **OLUWAFERANMI ECHALE FAVOUR** - 24 MARCH - PROTOCOL
- **AGBANA ESTHER DAMILOLA** - 25 MARCH - NONE
- **OLURANTI GILBERT OLUAYO** - 25 MARCH - SANCTUARY
- **OSAZEMHEN MAXWELL EROMOSELE** - 25 MARCH - CHOIR
- **FAITH ADEOTI OPEYIMI** - 25 MARCH - TEENS CHURCH
- **ADEDAPO OLAGUNJU ADEDAYO** - 26 MARCH - TECHNICAL
- **IREKOYA BASIRAT OLUWATIMILEHIN** - 26 MARCH - NONE
- **FOLLY ADOGNON CHRISTIN-MARIE** - 26 MARCH - SECURITY
- **BANJO OLU DOLAPO CHRISTIAN** - 27 MARCH - NONE
- **OZOWA PRISCILLA ZION** - 27 MARCH - TECHNICAL
- **OLAKUNLE FAITH** - 27 MARCH - CCU
- **HOPE ADEPOJU ERONMWON** - 27 MARCH - TECHNICAL
- **PRISCILLA OZOLUA ZION** - 27 MARCH - TECHNICAL
- **JUSTICE EZEKWE PAUL** - 27 MARCH - CHOIR
- **FINYINFOLUWA AKINTAYO VICTORIOUS** - 27 MARCH - TEENS CHURCH
- **OLUWAFUNMILAYO ODUFUWA AYOMIDE** - 27 MARCH - TEENS CHURCH
- **AKPAN CHIOMA CHRISTIANA** - 27 MARCH - CCU
- **DORIS MAYAKI** - 28 MARCH - NONE
- **ADENIKE FOLAJIMI** - 28 MARCH - NONE
- **FAWOLE SAMSON** - 28 MARCH - TECHNICAL
- **OLAYINKA ADEYANJU AINA** - 28 MARCH - CHILDREN DEPT
- **DANIEL OKUBANJO AYOKU** - 28 MARCH - NONE
- **ZAINAB KOSOKO ABIMBOLA** - 28 MARCH - TEENS CHURCH
- **DAMILOLA OLUSEESIN** - 29 MARCH - NONE
- **ANIETIE GRACE JOHNSON** - 29 MARCH - NONE
- **SHOWALE OLUWASEYE DAMILARE** - 29 MARCH - TECHNICAL
- **IDOWU OMOTOLA** - 30 MARCH - NONE
- **STEPHEN OLORUNYOMI** - 30 MARCH - SANCTUARY
- **OLORUNYOMI STEPHEN** - 30 MARCH - SANCTUARY
- **WISDOM VINCENT GOD'STIME** - 30 MARCH - TEENS CHURCH
- **ADES OYE OLUFEMI KAYODE** - 31 MARCH - TECHNICAL
- **DARA ODOFIN** - 31 MARCH - HOSPITALITY



Word Search Puzzle

T	Y	G	E	Z	E	E	S	Z	H	D	S	Y	F	B
R	X	C	E	C	T	U	L	O	V	E	S	Z	H	R
A	Z	T	V	N	N	P	T	M	V	H	M	X	E	E
N	U	G	Y	A	E	E	U	R	F	Y	R	I	A	V
S	R	G	E	M	Q	R	G	R	I	W	V	Z	V	E
F	W	B	R	B	K	A	A	I	P	V	U	G	E	L
O	H	T	T	A	P	S	W	T	L	O	H	Y	N	A
R	N	T	C	S	T	U	E	A	I	L	S	M	L	T
M	I	N	I	S	T	R	Y	I	K	O	E	E	Y	I
A	M	W	S	A	M	Y	P	K	D	E	N	T	R	O
T	Y	F	X	D	F	D	L	Y	X	E	N	X	N	N
I	K	L	T	O	I	Y	B	M	C	K	M	I	Y	I
V	E	Q	Q	R	P	V	V	U	U	J	H	E	N	J
E	P	I	H	S	N	O	I	T	A	L	E	R	R	G
J	T	N	E	T	T	I	M	R	E	T	N	I	C	S

AMBASSADORS
AWAKENING
FAITH
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